

LENT

Lent is a preparation for the celebration of Easter. The Lenten liturgy disposes both catechumens and the faithful to celebrate the paschal mystery: catechumens, through the several stages of Christian initiation; the faithful, through reminders of their own baptism and through penitential practices. (*General Norms for the Liturgical Year and the Calendar, #27*)

The season of Lent begins on Ash Wednesday and ends prior to the Lord's Supper on Holy Thursday. The word Lent is derived from the Anglo-Saxon *lencten* or springtime. In Christian spirituality, the season of Lent is intended to be a spiritual springtime for the unbaptized (called *Elect*) and also for the baptized. On Ash Wednesday, when our Lenten journey begins, the prophet Joel says to us: "*Rend your hearts, not your garments.*" Commenting on these words from the first reading, Thomas Merton writes: "*Rending only your garments lets in nothing but air, rending our hearts lets out sin and lets in the clean air of God's spring.*"

Baptismal focus

In the early centuries of the Church when the catechumenate developed, Lent was the final period of preparation for the unbaptized who were discerned to be ready for full initiation into the Church on Easter Vigil. For the already baptized, Lent was an opportunity to deepen their baptismal commitment to Christ. The baptismal focus has been restored in our own time.

Living Lent

If we embrace the baptismal focus of Lent, it will most likely change the way we approach the season. The emphasis will not be primarily on giving up something but rather our doing whatever will deepen our baptismal commitment to Christ.

Lent rooted in Baptism will mean taking a serious look at where there is sin in our lives, where there is need for repentance and conversion, where there is need to weed out, with God's help, sinful attitudes and behaviors that hinder us from being more effective witnesses to Christ and his message.

Practicing the three traditional spiritual exercises of *prayer, fasting and almsgiving* (Mt 6:1-13) can be a big help as we seek to prepare for Baptism or for renewal of our baptismal commitment to Christ. Properly approached and utilized, prayer, fasting and almsgiving will facilitate a change of heart and behavior in our lives.

In and through *authentic prayer*, we create a space for God in our lives and allow him to have his way with us. In prayer, we open ourselves to God asking him to show us where there is sin in our lives and where there is need for conversion and healing. Through *fasting* from certain foods and drinks, we allow ourselves to experience in a small way the extreme hunger that millions of people in our world experience daily. We can also fast from excessive use of television, radio and internet, and from sins of the tongue. In the spiritual life, fasting is never an end in itself. It is intended to facilitate a closer walk with Christ and a greater solidarity with the poor. Through *almsgiving*, we also express oneness with our less fortunate brothers and sisters all over the world. In many parishes, *Operation Rice Bowl*, a ministry of *Catholic Relief Services*, is a way to connect with the poor of the world.

Two final suggestions for living the Spirit of Lent— First, receive the *Sacrament of Reconciliation*. Fruitful reception of this sacrament will certainly ready our hearts on Easter Vigil to say a stronger ‘No!’ to Satan and sin, and a stronger ‘Yes!’ to Jesus and all that he stands for. Second, take time to pray the *Stations of the Cross*, making a special effort to experience the immense suffering of our beloved Savior as he poured out his life for us that we might experience the abundance of God’s love and salvation.

FIRST SUNDAY OF LENT B

Note to Facilitator: If possible, set up a Lenten environment in the center of your meeting place, e.g., a purple cloth placed on a small table, an open Bible, a candle, a barren branch, a bowl of water to remind us that we are preparing to renew our baptismal promises at Easter.

Facilitator: *Let us take a minute to consciously acknowledge that we are in the presence of God and ask him to help us to hear the Word he wants us to hear this week.*

Pause for a moment and then play a religious song.

Opening prayer: *Creator God, you formed the first man and woman from the clay of the earth and breathed into them the Spirit of Life, but they turned from you and sinned. We have also turned from you and your ways. During this Lenten season of prayer, fasting and almsgiving, you call us back to you and to repent of our sins. Be with us when we face temptations. Give us the strength we need to remain faithful to you. Draw the “Elect” preparing to join the Church this Easter, and all of us, closer to you during this season. This we pray through Christ our Lord. Amen.*

Response to last week’s Word: [Facilitator briefly recalls last week’s Gospel.] *Let us spend a few minutes sharing how the Word we heard God speak to us last week has unfolded in our lives during the week.*

Facilitator reads focus statement: The Cycle B readings of Lent have a strong emphasis on the covenant and renewal of the covenant between God and his people. This covenant theme is particularly evident in several of the first readings. During this Lenten season, God is calling us to renew and deepen our covenantal relationship with him. Also during this season, we join in prayerful spirit with the “Elect” who are preparing for initiation into our Church. We also prepare to renew and deepen our baptismal commitment to God and his Church.

In this week’s first reading, God makes a covenant with all of creation promising never to destroy it again as he did in the Great Flood. In the second reading, Peter sees the cleansing water of the Flood as a prefigurement of the cleansing waters of baptism. In the Gospel, we encounter Jesus out in the desert fighting the powers of evil. The readings can also be seen in the context of *how we live our lives in the midst of conflict*. In the first reading, people are dealing with the conflict that follows a natural disaster. The second reading focuses on the spiritual conflict between right and wrong. The Gospel has Jesus in conflict with Satan.

Let us listen to God’s Word to hear what it is he wants to say to us in these readings today. As you hear a word, you may want to underline it or write it down to remember.

Read the First Reading, the Psalm, and the Second Reading, pausing briefly after each one.

FIRST READING: Genesis 9:8-15

The story of Noah and the great flood begins in Genesis 6:5. As we join the story in this reading, the flood is over and Noah, his family and all the animals are back on dry land.

God enters into a covenant not only with Noah but also with all his descendants and with all living creatures. Note the universal character of the covenant. The idea of covenant is central to Scripture, both Old and New Testament. In fact, the words *covenant* and *testament* are the same. A covenant commits one to remain faithful when even the other party is unfaithful. God will remain faithful to us even if we are unfaithful to him. Today's reading also emphasizes the permanence of the covenant. God tells Noah that never again shall water cover the earth.

The *rainbow* in the sky is intended to be a visible sign of the covenant between God and humanity. It is also a sign of God's presence and serves as a reminder to the people of their responsibilities before God.

RESPONSORIAL PSALM 25

The author is seeking divine guidance, remembering God's compassion especially for sinners and for the humble.

SECOND READING: 1Peter 3:18-22

This reading may have been part of an instruction on baptism in the Early Church. The key point of the instruction reminds us of the efficacy of Christ's suffering and death. Through his death and Resurrection,

all have access to God. The reference to Christ preaching to the "spirits in prison" has baffled biblical scholars for years. Concerning this verse, Scripture scholar Margaret Nutting Ralph writes: "*Jesus' redemptive power extends to the spirit world and over all times. Salvation is offered not just to those who lived after Jesus' life and death on earth, but to all who ever lived.*"

The author then goes on to contrast the waters of the Flood to the waters of baptism. (Both the New Testament writers and the Early Church Fathers looked to the Old Testament for hidden signs and symbols that foreshadowed and prepared the way for events and teachings in the life of Christ and his Church.) Just as Noah saved others from the devastating waters of the Flood, so Christ saves us from the ultimate destruction of separation from God. Peter then insists that baptism is not just some external cleansing. Rather, it brings about an inner transformation making us like Christ. Remember the old definition of a sacrament? It is an outward sign (in Baptism, this is water) signifying an inner reality (in Baptism, it is cleansing the soul of sin and filling it with the grace or the life of Christ).

PROCLAMATION OF THE GOSPEL: Mark 1:12-15

As we listen to this first reading of the Gospel, let us listen with our minds for the content.

**A participant reads the Gospel,
then all pause to reflect.**

As we listen to this second reading of the Gospel, let us listen with our hearts to what Jesus is saying to us. Be aware of what draws us in and what part of the Gospel might be a challenge to embrace. You may want to underline or write down the word you hear.

GOSPEL: Mark 1:12-15

Today's Gospel reading begins with Mark's account of Jesus' temptation in the desert. Unlike Matthew's or Luke's accounts, both of which detail the specific temptations that Jesus experienced, Mark tells us only that the "Spirit drove Jesus out into the desert, and he remained in the desert for forty days, tempted by Satan. He was among wild beasts, and the angels ministered to him."

The reference to "wild beasts" is intended to communicate the savage nature of the temptations. "Angels ministering" to Jesus is a reminder of how the angel has visited Elijah in his time of trial, bringing him bread and water. It is possible that Mark is seeking to convey to his community that in times of trial and testing, Jesus will also be present to sustain them.

After his time in the desert is completed, Jesus begins his public ministry. His first words are: "*This is the time of fulfillment. The kingdom of God is at hand. Repent and believe in the Gospel.*" Jesus' pronouncement of "*the time of fulfillment*" signifies that Israel's long time of waiting for a decisive entrance by God on their behalf has come. Many people believe that the Messiah will be another David-like warrior who will drive out the Romans. But as they will find out soon, Jesus will

be a peaceful Messiah. Not only that, but for one to avail of all that he brings, one will need to *repent* and embrace the Gospel that he preaches.

FAITH-SHARING QUESTIONS

1. Share with the group or person next to you what spoke to you most in the Gospel. With this first question, try to refrain from commenting on what others said. Just share what spoke to you and then move on to the next person.

2. In the Great Flood, God cleanses creation polluted by sin. How do we pollute creation today? How aware are you of environmental issues? Do you recycle? Do you conserve water and use reusable items?

3. In the second reading, Peter speaks of baptism. What does being a baptized Catholic mean to you? Do you know the date of your Baptism? If not, consider finding it out.

4. Some, if not many people find it hard to believe that Jesus was really tempted to go against his Father's will for his life. Any comments on this? Does the reality of Jesus' temptations make it easier to believe that Jesus was like us in all things except sin?

5. Jesus' temptations reminds us that the spiritual life is indeed spiritual warfare. Our nobler or Christ self is engaged in a fierce battle with the world the flesh and the devil. How does this play out in your life? If possible be concrete. For example,

a part of us may not want to forgive a hurt or share our blessings with others.

6. Name one thing today's Gospel says to us that we disciples of Jesus need to heed and act on.

JOURNALING

Having listened to God's Word and listened to others' reflections on it, take a quiet moment to reflect on what you are hearing God say to you. Your response will be what you bring to Eucharist on Sunday, asking Jesus to help you respond as he asks of you. When ready, jot down your reflections.

PRAYING WITH THE WORD

Facilitator: Let us now pause to see how something(s) said in the reading might lead us into shared prayer. Suggestion: *Jesus, you know my weaknesses and temptations to sin, help me to be strong and resist.*

RESPONDING TO GOD'S WORD

Share with the person next to you one way you can act on this week's readings. Suggestion: Reflect on how Satan might be trying to pull you away from Christ and his ways. What will help you resist his temptations and allurements? Can you name one way you can respond to or put into action a message in today's readings?

CONCLUDING PRAYERS OF THANKSGIVING, PETITION AND INTERCESSION

Facilitator: What are we grateful for? For what and for whom do we need to pray?

Each gathering ends with some prayers of *petition* (prayer for oneself) and *intercession* (prayer for others. Ideally, this would include prayers related to the readings. Some suggestions are usually offered. Since Lent is a time of final preparation for the Elect's Baptism and entrance into the Church, keep them in your prayers. Pray also for all who are battling with floods, literally or metaphorically.

CLOSING PRAYER (Together)

*Blessed are you, God of Creation,
for you have placed us in a world of
wonders
and then sent your Son to redeem us
and teach us your wisdom.
Help us to use your gifts as you intend.
Draw the Elect and all of us closer
to you in this holy season.
We make our prayer
through Christ our Lord.
Amen.*

Lessons from Noah's Ark

- One:** Don't miss the boat.
- Two:** Remember that we are all in the same boat.
- Three:** Plan ahead. It wasn't raining when Noah built the Ark.
- Four:** Stay fit. When you are old, someone may ask you to do something really big.
- Five:** Don't listen to critics; just get on with the job that needs to be done.
- Six:** Build your future on high ground.
- Seven:** For safety's sake, travel in pairs.
- Eight:** Speed isn't always an advantage. The snails were on board with the cheetahs.
- Nine:** When you're stressed, float a while.
- Ten:** Remember, the Ark was built by amateurs, the Titanic by professionals.
- Eleven:** No matter the storm, when you are with God, there's always a rainbow waiting.

SECOND SUNDAY OF LENT B

Facilitator: *Let us take a minute to consciously acknowledge that we are in the presence of God and ask him to help us to hear the Word he wants us to hear this week.*

Pause for a moment and then play a religious song.

Opening prayer: *God, our Father, you have chosen us to be your sons and daughters. You love us even more than Abraham loved Isaac. You cherish us as you cherish your beloved Son. Though we do not deserve it, we rejoice in your love. Help us to trust in that love and to find more ways to share your love with others. We ask this through Christ our Lord. Amen.*

Response to last week's Word: [Facilitator briefly recalls last week's Gospel.] *Let us spend a few minutes sharing how the Word we heard God speak to us last week has unfolded in our lives during the week.*

Facilitator reads focus statement: Today's first reading and Gospel speaks to us about the relationship between two fathers and their sons. In the first reading, Abraham's willingness to sacrifice his beloved son prefigures the sacrifice of Jesus, God's beloved Son. In the second reading, Paul reminds us that with God on our side we cannot lose. From another viewpoint, we can say that all three readings give us a glimpse of what it was like for Abraham, Peter, James, John and Paul to "walk in the presence of the Lord."

Let us listen to God's Word to hear what it is he wants to say to us in these readings today. As you hear a word, you may want to underline it or write it down to remember.

Read the First Reading, the Psalm, and the Second Reading, pausing briefly after each one.

FIRST READING: Genesis 22:1-2, 9-13, 15-18

The story of Abraham is about a man who listens to God and responds with faith and obedience. When he hears God's call to leave his homeland, he obeys. When God promises him and his wife Sarah a child, he believes even though Sarah is advanced in years. When God asks him to sacrifice his only son, he does not question God. This is a story of a man trusting God even when it makes no sense to trust him. Being a man of great faith, *Abraham presumes God knows what he is doing.* Abraham's

response to God is not "Why, God?" or "Why me?" but one of obedience, trust and action. In the context of our Lenten liturgy, this reading points to the sacrifice of Jesus on the Cross. This story is also intended to teach the Israelites about the immorality of human sacrifice—something that was normal during Abraham's time. As beloved sons and daughters of God, we are called to faithfulness and obedience especially in times of trials.

RESPONSORIAL PSALM 116

This is a song of thanksgiving sung in the temple by the Israelites in gratitude to God for helping them in their time of distress. One could easily imagine Abraham and Isaac singing this psalm after the Lord delivers them from their ordeal.

SECOND READING: Romans 8:31-34

These verses may have been written by Paul to encourage people whose faith is being tested because of suffering. Paul's contention, "*If God is for us, who can be against us?*" is intended to elicit a response of faith. Who can defeat those who have God on their side? God's willingness to sacrifice his only Son on our behalf should surely prove, without doubt, his love for and interest in us.

PROCLAMATION OF THE GOSPEL: Mark 9:2-10

As we listen to this first reading of the Gospel, let us listen with our minds for the content.

A participant reads the Gospel, then all pause to reflect.

As we listen to this second reading of the Gospel, let us listen with our hearts to what Jesus is saying to us. Be aware of what draws us in and what part of the Gospel might be a challenge to embrace. You may want to underline or write down the word you hear.

GOSPEL: Mark 9:2-10

In this mystical and awe-filled event, Jesus and his three apostles experience the glory of God. They are, as it were, transported into another reality. The references to

Jesus' face "*dazzling as the sun*" and his clothes "*radiant as light*" are reminiscent of Old Testament theophanies (appearances of God). The presence of Moses and Elijah symbolizes "the Law" (given to Moses) and "the Prophets." In Jesus, both converge and are brought to fulfillment. The response of the apostles is one of incredible *joy* and *holy terror*. They are so over-awed that they do not want to leave: "*Let us make three tents.*" But they are also overcome with fear. Spiritual theologians tell us that the "*experience of the holy*" can cause us to be overjoyed and terrified at the same time. Sometimes that which we most deeply desire, e.g., intimacy with God or another, may also be most terrifying to us. We are afraid of losing ourselves to another. The heavenly voice tells the apostles to *listen* to Jesus for he is God's anointed Messiah. In the dark days ahead, this mountaintop experience will sustain both Jesus and the apostles. Remember the words of Dr. Martin Luther King, Jr., the night before he died: "*We have some difficult days ahead. But it doesn't matter now. Because I have been to the mountaintop ... mine eyes have seen the glory of the Lord.*"

FAITH-SHARING QUESTIONS

1. Share with the group or person next to you what spoke to you most in the Gospel. With this first question, try to refrain from commenting on what others said. Just share what spoke to you and then move on to the next person.

2. What was the toughest thing God ever asked of you? Abraham would have answered, "When God asked me to

sacrifice my only son.” What would your answer be?

3. Who/what are our Isaacs that we may find very hard to surrender to God if asked?

4. In the second reading, Paul says, “*If God is for us, who can be against us?*” To what extent have you felt God’s providential care down through the years? Was there ever a time you felt God had abandoned you?

5. Spiritually, have you ever had a “mountaintop” experience? If so, what was that like for you? How did it change your life?

6. Name on thing today’s Gospel says to us that we disciples of Jesus need to heed and act on.

JOURNALING

Having listened to God’s Word and listened to others’ reflections on it, take a quiet moment to reflect on what you are hearing God say to you. Your response will be what you bring to Eucharist on Sunday, asking Jesus to help you respond as he asks of you. When ready, jot down your reflections.

PRAYING WITH THE WORD

Facilitator: Let us now pause to see how something(s) said in the reading might lead us into shared prayer. Suggestion: *Dear Lord, you call me to have faith in you in all times – especially those times of crisis, help me to have the faith of Abraham in all things.*

RESPONDING TO GOD’S WORD

Share with the person next to you one way you can act on this week’s readings. Suggestion: This week, pray frequently for a transformation of a difficult relationship.

CONCLUDING PRAYERS OF THANKSGIVING, PETITION AND INTERCESSION

Facilitator: What are we grateful for? For what and for whom do we need to pray? Include all those who feel abandoned by God and Church, those who have recently lost a child, and couples who desire to have a child. Pray for the grace to persevere in your Lenten practices.

CLOSING PRAYER (Together)

Blessed are you, God of Abraham.

You called him to serve you obediently.

*Give us the courage to respond
as wholeheartedly as he did.*

*May we always listen to your beloved Son
and be obedient to your will.*

We ask this through Christ our Lord.

Amen.

Note on scrutinies. During the 3rd, 4th and 5th Sundays of Lent, the ‘elect’ (those preparing for baptism at the Easter Vigil) will participate in three ritual celebrations called the scrutinizes. During these rituals we pray that the elect may be strengthened where they are still weak, that darkness in their lives may be illuminated by Christ

and that any influence of the Evil One may be broken. When a scrutiny is celebrated, the readings from Cycle A may be read because of their strong baptismal character: water, light and death/resurrection.

If your parish celebrates the scrutinizes for the next three Sundays, the readings for one of the masses will probably be from Cycle A, rather than Cycle B.

THIRD SUNDAY OF LENT B

Facilitator: *Let us take a minute to consciously acknowledge that we are in the presence of God and ask him to help us to hear the Word he wants us to hear this week.*

Pause for a moment and then play a religious song.

Opening prayer: *Blessed are you, God of the Covenant. You formed Israel as your covenant people. You invite us into a new covenant of love in your Son. Help us to live always in accord with your will. This we pray through Christ our Lord. Amen.*

Response to last week's Word: [Facilitator briefly recalls last week's Gospel] *Let us spend a few minutes sharing how the Word we heard God speak to us last week has unfolded in our lives during the week.*

Facilitator reads focus statement. Our first reading tells about the covenant God made with Israel by giving them the Ten Commandments to live by. In the Gospel, Jesus reacts with anger to abuses in the Temple which he sees as violating the covenant. In our second reading, Paul calls us to embrace divine wisdom though the world may see it as foolishness.

Let us listen to God's word to hear what it is he wants to say to us in these readings today. As you hear a word, you may want to underline it or write it down to remember.

Read the First Reading, the Psalm and the Second Reading, pausing briefly after each one.

FIRST READING: Exodus 20:1-17

This is one of two versions of the Ten Commandments found in the Old Testament. (The other version can be found in Dt 5:6-21.) On Mount Sinai, God enters into a holy covenant relationship with the people of Israel whom he has just delivered from the slavery of Egypt (Ex 19). Briefly, the covenant relationship states: *"God (alone) will be Israel's God. He will travel with them offering protection and guidance. In response, Israel will follow God's ways."* To help the people of Israel understand more concretely what God expects of them, he gives them the Decalogue ("Ten Words"), better known as the "Ten

Commandments." The first three commandments have to do with Israel's relationship with God, and the other seven with the people's relationship with each other.

In the *First Commandment*, God calls Israel to worship God *alone* and forbids them to carve any images of him. Israel's neighbors have many gods and have carved images of them. God is greater than any human attempt to capture him in an icon or statue. God knows that it is easy to move from the *veneration* of an image (what Catholics do) to *worship* of it (what pagans do).

“I am a jealous God.” God’s “jealousy” is like the protective care a parent has for the welfare of his/her child. It also means that God must be first in our lives, which does not mean that we cannot have a wholehearted love for family and friends. In fact, putting God first in our lives should help us to have a wholehearted love for all of God’s people. That being the case, if we sincerely abide by the *First Commandment*, following the other nine will be much easier. On the other hand, if we ignore the *First Commandment*, we will all too easily fail when it comes to following the other nine.

The *Second Commandment* calls on Israel to honor God’s name. In fact they so revere God’s name that they avoid using it. In prayer, they use another name for God – *Adonai*, i.e., Lord. Especially forbidden is the use of God’s name for purposes of perjury, magic and curses.

The *Third Commandment* calls on Israel to set aside one day a week for worship of God. This commandment also ensures that workers, especially slaves, have some time off.

The *Fourth* through the *Tenth Commandments* are intended to safeguard, protect, and uphold those values upon which a holy and wholesome society is built, e.g., family ties and parental respect (*Fourth*); reverence for life (*Fifth*); marriage and fidelity (*Sixth*); rights of proprietorship (*Seventh*); honesty and sincerity (*Eighth*); and house work (*Ninth* and *Tenth*).

RESPONSORIAL PSALM 19

The faithful Israelite sees God’s law as a guide and not as a hindrance to true freedom. *“The law of the Lord is perfect, refreshing the soul”* (v. 8).

SECOND READING: 1Corinthians 1:22-25

Commenting on this reading, Fr. Lawrence Mick writes:

This brief passage confronts us with a basic decision each of us must make. Will we live by the wisdom of the world or by the foolishness of god? So much of our faith life defies conventional wisdom. Our society certainly doesn’t teach us to serve others, to fight for justice for the oppressed or to put love above money, just to mention a few values. The gospel teaches us a whole different way of viewing the world and of responding to life. If we try to live the gospel, many will consider us foolish. Are we willing to risk that?

PROCLAMATION OF THE GOSPEL: John 2:13-25

As we listen to this first reading of the Gospel, let us listen with our minds for the content.

**A participant reads the Gospel,
then all pause to reflect.**

As we listen to this second reading of the Gospel, let us listen with our hearts to what Jesus is saying to us. Be aware of what draws us in and what part of the Gospel might be a challenge to embrace. You may want to underline or write down the word you hear.

GOSPEL: John 2:13-25

The Gospel for the next three Sundays will be from John. Many of John's stories have two levels of meaning which we will come back to later.

Commenting on this Sunday's Gospel, Fr. Flor McCarthy, SDB, writes:

Jesus' action in cleansing the temple was a protest against the commercialization of religion and the desecration of the Temple. But it went deeper. It was a symbolic action, in the fashion of an Old Testament prophet (see Jer 7:11; Mal 3.1), through which he passed judgement on the Jewish sacrificial system. He was declaring that temple worship, with its ritual and animal sacrifices, was irrelevant and could do nothing to bring people to God. He was replacing sacrificial worship with spiritual worship.

He was also protesting at the way religion had become narrow, nationalistic, and exclusive. Israel had failed to fulfil her universal mission to humankind. It was God's intention that the Temple should be a house of prayer 'for all nations.' But the Temple remained the jealously guarded preserve of Israel. No Gentile dared venture, under threat of penalty and death, beyond what was known as the 'court of the Gentiles.' Jesus declared that salvation was not just for the Jews, but for all peoples."

Above, we said that many of John's stories have two levels of meaning, a *literal* meaning and a *deeper* meaning. The literal or historical meaning is about the Jewish

temple which had been destroyed for many years when John was writing his Gospel. On a *deeper* level, John is referring to the temple of Jesus' body which will be resurrected and become the new focus of his followers' worship life.

FAITH-SHARING QUESTIONS

1. Share with the group or person next to you what spoke to you most in the Gospel. With this first question, try to refrain from commenting on what others said. Just share what spoke to you and then move on to the next person.
2. Name some ways you see people today violating the First Commandment. What helps you to deep God first in your life? What makes it difficult?
3. Can you give an example where living the Gospel can make you look foolish to others? If you have a personal example, what gave you the courage to be true to your beliefs?
4. How do you feel about people who show zeal for a particular cause? How is their behavior like or different from Jesus?
5. When it comes to worship of God, there is always the danger that our worship becomes ritualistic. We go through the motions of prayer. What can help us to stop that from happening?
6. Name one thing today's Gospel says to us that we disciples of Jesus need to heed and act on.

JOURNALING

Having listened to God's Word and listened to others' reflections on it, take a quiet moment to reflect on what you are hearing God say to you. Your response will be what you bring to Eucharist on Sunday, asking Jesus to help you respond as he asks of you. When ready, jot down your reflections.

PRAYING WITH THE WORD

Facilitator: Let us now pause to see how something(s) said in the reading might lead us into shared prayer. Suggestion: *Jesus, you showed us our bodies are temples of the Holy Spirit, show me where I need to grow in respect for my body and help me to do so.*

RESPONDING TO GOD'S WORD

Share with the person next to you one way you can act on this week's readings. Suggestion: Is there any of the Ten Commandments that you are neglecting? If so, pray for the grace of true conversion. What in your life competes for first place with God? Be sure it doesn't become a false idol.

CONCLUDING PRAYERS OF THANKSGIVING, PETITION AND INTERCESSION

Facilitator: What are we grateful for? For what and for whom do we need to pray? Pray especially for the purification of our Church and for ourselves. Pray for the grace and skill to express our anger in a constructive way. Pray for the Elect

preparing for Baptism and entrance into our Church this Easter. Pray that God give you opportunities to share your talk. Talk about religion with people whom you would not normally do this with.

CLOSING PRAYER (Together)

*Lord Jesus, you cleansed the Temple
so that it would be dedicated to
worship.*

*Cleanse our hearts that we might be
dedicated to you.*

*We ask this of you who live and reign
with the Father and the Spirit forever.*

Amen.

FOURTH SUNDAY OF LENT B

Facilitator: *Let us take a minute to consciously acknowledge that we are in the presence of God and ask him to help us to hear the Word he wants us to hear this week.*

Pause for a moment and then play a religious song.

Opening prayer: *God of our ancestors, we thank you for gathering us together in your name, we thank you for continuing to be patient with us when we fail to follow your ways. Help us during this Lenten journey to commit ourselves more fully to you. This we pray through Christ our Lord. Amen.*

Response to last week's Word: [Facilitator briefly recalls last week's Gospel.] *Let us spend a few minutes sharing how the Word we heard God speak to us last week has unfolded in our lives during the week.*

Facilitator reads focus statement: The first reading speaks of Israel's infidelities to God despite his "early and frequent" outreach to them. The second and third readings emphasize that our salvation is a *free gift* which we can accept or reject.

Let us listen to God's Word to hear what it is he wants to say to us in these readings today. As you hear a word, you may want to underline it or write it down to remember.

Read the First Reading, the Psalm, and the Second Reading, pausing briefly after each one.

FIRST READING: 2 Chronicles 36:14-16, 19-23

The author of the two books of Chronicles judges Israel's kings and people according to their fidelity or infidelity to their covenant with God. In this reading, which has three parts to it, we first hear about the people's outright infidelity to God despite his mercy and warnings to change. In the second part, we hear how God finally "loses his cool" with Israel. The Chaldeans are God's instrument of punishment. The Israelites' beloved Jerusalem and temple are destroyed. Many people are killed. Survivors are carried off to Babylon to live in exile and slavery. The reading ends on a note of hope – a new pagan king named Cyrus issues a decree permitting the exiles

to return home and rebuild their city and temple.

RESPONSORIAL PSALM 137

This psalm is sometimes called "*The Song of the Exile.*" It gives us a vivid description of how the Israelites felt during their exile in Babylon.

SECOND READING; Ephesians 2:4-10

In these beautiful verses, Paul calls to mind God's amazing mercy and grace, which raises us up from the death that comes through sin. Our salvation is pure gift. We can do nothing to earn it. But we can thank God for his saving grace by living lives filled with good works. Commenting on these verses, William Barclay writes: "*All*

the good works in the world cannot put you right with God; but there is something radically wrong with the Christian life that does not express itself in good works.”

PROCLAMATION OF THE GOSPEL: John 3:14-21

As we listen to this first reading of the Gospel, let us listen with our minds for the content.

A participant reads the Gospel, then all pause to reflect.

As we listen to this second reading of the Gospel, let us listen with our hearts to what Jesus is saying to us. Be aware of what draws us in and what part of the Gospel might be a challenge to embrace. You may want to underline or write down the word you hear.

GOSPEL: John 3:14-21

On their way through the desert, many of the Israelites are bitten by serpents and some of them die. At God's command, Moses makes a bronze serpent and mounts it on a pole. Whoever looks at the serpent is healed. Likewise, all who look to Christ with faith and repentance will be saved. Believing in Christ is a choice to live in the light. We can open our hearts to the light or we can reject the light. The choice is ours. Acceptance of the light will lead us to heaven. Rejection of the light will lead us to eternal damnation. In reality, God sends no one to hell. It is something we opt for by deliberately and consciously choosing to live our lives without God.

FAITH-SHARING QUESTIONS

1. Share with the group or person next to you what spoke to you most in the Gospel. With this first question, try to refrain from commenting on what others said. Just share what spoke to you and then move on to the next person.

2. Since we cannot *earn* our salvation by good works, what is the purpose of good works in the Christian life? What good work/s do you enjoy doing?

3. This Sunday's Gospel has John's famous 3:16 verse: "*God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life.*" What has helped you to come to believe in God's unconditional love for you? What in the past or present made it hard for you to believe in God's unconditional love?

4. Some, if not many, Christians have a difficult time squaring God's unconditional love with belief in hell. What are your thoughts on this?

5. Nicodemus comes to see Jesus at night so that his colleagues would not know of his interest in Jesus. Many Catholics are very quiet about their faith. What has or is helping you to be more public about your Catholic faith?

6. Name one thing today's Gospel says to us that we disciples of Jesus need to heed and act on.

JOURNALING

Having listened to God's Word and listened to others' reflections on it, take a quiet moment to reflect on what you are

hearing God say to you. Your response will be what you bring to Eucharist on Sunday, asking Jesus to help you respond as he asks of you. When ready, jot down your reflections.

PRAYING WITH THE WORD

Facilitator: Let us now pause to see how something(s) said in the reading might lead us into shared prayer. Suggestion: *Dear Jesus, I believe in your unconditional love for me, help me to believe and respond unconditionally.*

RESPONDING TO GOD’S WORD

Share with the person next to you one way you can act on this week’s readings. Suggestion: If you still act as if you have to *earn* your salvation, try to change your mindset. Instead see your actions as a response to a God who loves you very much. If you have quit on your Lenten resolutions, start up again. If you have been faithful, praise God for the grace of fidelity.

CONCLUDING PRAYERS OF THANKSGIVING, PETITION AND INTERCESSION

Facilitator: What are we grateful for? For what and for whom do we need to pray? Pray for all who suffer from a hardened heart and have no desire to seek God and his ways. Pray for our Elect. Pray that God gives you opportunities to share your talk, or talk about religion with people whom you would not normally do this with.

CLOSING PRAYER (Together)

*Thank you, God of love,
for loving us so much
that you sent your Son to save us.
Free us from any tendencies we have
toward believing we must earn our
salvation.
Help us to cooperate with your grace.
This we pray through Christ our Lord.
Amen.*

FIFTH SUNDAY OF LENT B

Facilitator: *Let us take a minute to consciously acknowledge that we are in the presence of God and ask him to help us to hear the Word he wants us to hear this week.*

Pause for a moment and then play a religious song.

Opening prayer: *God of our ancestors, you have entered into a new covenant with us through the death and Resurrection of Jesus. Help us to be more faithful to our covenant relationship with you. Bless us now as we prepare to share our lives and your Word this we pray through Christ our Lord. Amen.*

Response to last week's Word: [Facilitator briefly recalls last week's Gospel.] *Let us spend a few minutes sharing how the Word we heard God speak to us last week has unfolded in our lives during the week.*

Facilitator reads focus statement: in our first reading, Jeremiah speaks of a new covenant that God will enter into with his people. This promise of a new covenant is fulfilled in the life, death and Resurrection of Jesus. The second reading is a beautiful example of the humanity of Christ.

Let us listen to God's Word to hear what it is he wants to say to us in these readings today. As you hear a word, you may want to underline it or write it down to remember.

Read the First Reading, the Psalm, and the Second Reading, pausing briefly after each one.

FIRST READING: Jeremiah 31:31-34

These verses are recognized as some of the most important in biblical literature because they speak of a 'new covenant' that God will enter into with his people.

Even though Jeremiah is a southern prophet (Judah) who prophesied long after the collapse of the northern kingdom (Israel), his message in today's reading looks to a future time when God "will make a new covenant with the house of Israel and the house of Judah." While the demands of the old covenant were written on stone tablets, the law of the new covenant will be inscribed on the hearts of each individual member of the community.

While the old covenant called for *external* conformity, the new one will necessitate interior commitment and transformation. This is only possible when we cooperate with the grace of God and the Holy Spirit. The verses that say: "*I will place my law within them and write it on their hearts ... No longer will they have need to teach their friends and relatives how to know the Lord...*" should not be interpreted as a reason to do away with religious education and catechesis programs. Rather, these words express how God can speak directly to our hearts. Intimate union with God occurs as we cooperate with God's grace. Catechesis has an important role to play in our faith formation and spiritual growth. But we only grow spiritually when we

open our hearts to God and develop a personal relationship with him.

RESPONSORIAL PSALM 51

This is David's famous act of contrition, which he prays after he commits the sins of adultery and murder. David pleads for mercy and a new heart.

SECOND READING: Hebrews 5:7-9

This is a beautiful passage on the humanity of Jesus. It speaks of Christ as pleading with God "in tears" and "loud cries." He becomes perfect or mature by the way he handles hardship, suffering and death. Because of his own experience of suffering, Jesus, our High Priest and brother, can sympathize with us in our pain and suffering. Furthermore, through his suffering, Jesus is exalted and gains salvation for all who accept him.

PROCLAMATION OF THE GOSPEL: John 12:20-33

As we listen to this first reading of the Gospel, let us listen with our minds for the content.

A participant reads the Gospel, then all pause to reflect.

As we listen to this second reading of the Gospel, let us listen with our hearts to what Jesus is saying to us. Be aware of what draws us in and what part of the Gospel might be a challenge to embrace. You may want to underline or write down the word you hear.

GOSPEL: John 12:20-33

The religious leaders are worried that the "whole world" is flocking to the side of Jesus. The first evidence of this is the appearance of some Greeks who come to Philip to ask if he can arrange for them a meeting with Jesus. Their presence shows that Jesus has come to save not just the Israelites, but all people. The following are eight observations on this discourse from John's Gospel:

1. Jesus begins his discourse by speaking of his "hour" - a reference to his return to God. he will pass through death, be raised up, and return to his Father.

2. Jesus uses the analogy of a *wheat grain* to speak of life and death. Just as a grain of wheat must first die before it bears fruit, so too must Jesus die prior to his Resurrection, and so too must we die to sin and selfishness before we bear godly fruit in our lives. Married couples know this more than other people. For the marriage to grow, each spouse must frequently die to his/her own desires.

3. "*Whoever loves his life loses it, and whoever hates his life, will preserve it.*" This means that those who cling to their lives, concerned only about themselves, will eventually lose out on the meaning of life, which is to love and serve others. Thomas Merton talks about our *true self* and *false self*. The *true self* is that part of us that seeks to follow God and his ways. The *false self* is that part that wants to be independent of God and his ways, the part that is self-centered, controlling, jealous, etc. this self we must "hate" - or we might say "deny" - and not allow to control our lives. This false self must be transformed through prayer, fasting and penance.

4. *“Whoever serves me must follow me...the Father will honor whoever serves me.”* Serving Jesus means, among other things, being willing to lay down our life for others—to die to the desires of our false self. To serve Jesus is to follow him in his path of love and to carry our cross. Such service and love will honor the Father.

5. *“Save me from the hour”* is a reference to Jesus’ agony in the garden. It is a beautiful statement about Jesus’ humanity. As a person who loves life and people, he has no desire to die. He recoils from it. Yet, if going through this *“hour”* is what he must do, then he is willing to embrace it.

6. *“Then came a voice from heaven”* is reminiscent of the voice that spoke at Jesus’ baptism and transfiguration. *“I have glorified the Father.”* Jesus gives “glory” to the Father (and so do we) by following the will of God. Jesus also says: *“I always do the things that please the Father.”*

7. *“Now is the time of judgment in this world. Now the ruler of this world will be drawn out.”* The judgment is our “yes” or “no” to Jesus. When we say “yes,” love is released into the world, and darkness and evil are overthrown—and vice-versa.

8. *“When I am lifted up, I will draw everyone to myself”* is a reference to Jesus’ Cross and how the force of his love will attract and draw people to him.

1. Share with the group or person next to you what spoke to you most in the Gospel. With this first question, try to refrain from commenting on what others said. Just share what spoke to you and then move on to the next person.

2. Many go through our Catholic school system yet do not develop a *personal* relationship with Jesus, i.e., catechesis without a conversion of heart. When and how did you come to have a personal relationship with Jesus? Have you had the experience of God *directly* communicating with you?

3. How does the picture of a vulnerable Jesus praying to God with “loud cries and tears” touch you? How easy or hard is it for you to be this vulnerable before God? do you tend to pray more with your head or with your heart?

4. In the Gospel, Jesus speaks of the *wheat grain that must die.* Is there a grain of wheat that must die for you to become more like Jesus?

5. Also in the Gospel, Jesus says: *“Father, save me from this hour”* (of his suffering and death). Can you share an event in your life when you might also have said the same thing to God? What helped you to get through that hour?

6. Name one thing today’s Gospel says to us that we disciples of Jesus need to heed and act on.

FAITH-SHARING QUESTIONS

JOURNALING

Having listened to God's Word and listened to others' reflections on it, take a quiet moment to reflect on what you are hearing God say to you. Your response will be what you bring to Eucharist on Sunday, asking Jesus to help you respond as he asks of you. When ready, jot down your reflections.

PRAYING WITH THE WORD

Facilitator: Let us now pause to see how something(s) said in the reading might lead us into shared prayer. Suggestion: *Dear Jesus, thank you for coming to save me, thank you for dying to save me. Please help me to live in a way that glorifies you.*

RESPONDING TO GOD'S WORD

Share with the person next to you one way you can act on this week's readings. Suggestion: Die to sinful attitudes/behaviors. The sacrament of Reconciliation gives us an opportunity to look at where sin lives in our lives. It also gives us the opportunity to name our sin, renounce it, and renew our covenant relationship with the Lord. Consider participating in your parish's Lenten Penance Service.

CONCLUDING PRAYERS OF THANKSGIVING, PETITION AND INTERCESSION

Facilitator: What are we grateful for? For what and for whom do we need to pray? Pray especially for all those carrying a cross. Pray for the Elect of our parish. Pray for all those suffering from Covid-19 and their families who suffer with them.

CLOSING PRAYER (Together)

*Blessed are you, Father of Jesus,
for you have brought us into the new
covenant.
You have made us brothers and sisters
of Jesus and of one another.
Help us always to live in your love.
We make our prayer through Christ
our Lord.
Amen.*

NOTE TO FACILITATORS:

Next week is Palm Sunday. The Gospel is the Passion according to Mark. If you are going to read the Passion during your meeting, perhaps you can assign various members of the group to be prepared to read specified sections of the story. Or you may decide to read the Passion prior to the meeting. I strongly recommend that you read the extended commentary on mark's Passion so that you can deepen your appreciation of this central event in the life of Jesus.

PALM SUNDAY OF THE LORD'S PASSION B

Facilitator: *Let us take a minute to consciously acknowledge that we are in the presence of God and ask him to help us to hear the Word he wants us to hear this week.*

Pause for a moment and then play a religious song.

Opening prayer: *Father, we once again prepare to celebrate the holiest week in our Church year, the celebration of Jesus' passion, death and Resurrection. Through his blood you established a new covenant with your people. May your Holy Spirit give us new and fresh insight and appreciation of those events in your Son's life. Bring us one day to the glory of his resurrection.*

Response to last week's Word: [Facilitator briefly recalls last week's Gospel.] *Let us spend a few minutes sharing how the Word we heard God speak to us last week has unfolded in our lives during the week.*

Facilitator reads focus statement: This weekend we begin Holy Week, the holiest week of our Church year. We recall and enter into the central events in the life of Jesus, his suffering, death and Resurrection. The readings for Passion Sunday revolve around the two meanings of the word "passion." Paul's letter to the Philippians illustrates how these meanings intertwine. Christ felt such passion (love) for humanity that he took on our human condition and endured the most extreme passion (suffering) we can imagine as the servant of God.

Let us listen to God's Word to hear what it is he wants to say to us in these readings today. As you hear a word, you may want to underline it or write it down to remember.

Read the First Reading, the Psalm, and the Second Reading, pausing briefly after each one.

FIRST READING: Isaiah 50:4-7

This is the third of four "*suffering servant songs*" found in the book of Isaiah. As the early Christians read these passages, they see in them images of Jesus, the Suffering Servant of God.

As we listen to this reading, we can see why it is chosen for today's liturgy. The servant speaks of himself as a preacher of God's Word. God opens his servant's ear everyday to receive the Word, and he has been faithful in proclaiming it to others. However, those to whom he proclaims the Word have often not responded with

gratitude. He has been beaten, spat upon, and his beard plucked. Despite this abuse, however, he remains steadfast, relying on God as his strength. "*The Lord is my help. I will not be disgraced.*" The phrase "*set my face like flint*" refers to the servant's determination to be faithful to God.

RESPONSORIAL PSALM 22

This is a prayer of lament describing the suffering of the psalmist and his deliverance. Jesus on the Cross makes this psalm his own.

SECOND READING:

Philippians 2:6-11

Writing from prison, Paul addresses a community with proud and independent ways who often argue among themselves. Paul admonishes the people to set aside their bickering and to live in harmony. He holds up to them as a model “the attitude of Christ” who “emptied himself” and became a slave. Notice in this beautiful and well-structured hymn a *downward* and *upward* movement. Jesus taking on our human status is the downward movement. Though equal to God, Jesus does not cling to his divinity for his own ends. Without losing his godlike status, he takes on the likeness of human beings. He experiences humiliation and debasement that few humans suffer. Having experienced the depths of human suffering and having been totally faithful to his mission, God “*exalts*” him and bestows on him a name above every other name. (This is the upward movement in the hymn.) The entire universe is brought under his lordship and all bend down before him. Like the servant in the first reading, God comes to the help of Jesus, the servant *par excellence*, and gives him the name “Lord” – a name given only to God in the Old Testament. In and through his weakness, obedience, and servant-like attitude, Jesus achieves greatness and lordship.

PROCLAMATION OF THE GOSPEL: Mark 14:1-15:47

As we listen to this first reading of the Gospel, let us listen with our minds for the content.

**A participant reads the Gospel,
then all pause to reflect.**

As we listen to this second reading of the Gospel, let us listen with our hearts to what Jesus is saying to us. Be aware of what draws us in and what part of the Gospel might be a challenge to embrace. You may want to underline or write down the word you hear.

THE PASSION OF JESUS ACCORDING TO MARK—14:1-15:47

The suffering and death of Jesus is the centerpiece of Mark’s Gospel. Hints of the Passion are found already in chapters 1-2, and by chapter 3, a plot against Jesus is being planned. Halfway through the Gospel, Mark has Jesus predicting three times the details of his Passion. In chapter 11, Jesus arrives in Jerusalem for the events which this Sunday’s liturgy enacts ritually. Six of the 16 chapters of Mark are devoted exclusively to the last week of Jesus’ life. This has led scholars to call Mark’s Gospel a “Passion narrative with an extended introduction.” Two central themes to watch for in Mark’s Gospel are:

- The contrast between *Jesus’ fidelity* to God and his mission no matter what the cost, and the *infidelity* of the disciples and crowds. Jesus has no desire to die. He prays three times that God would spare him, but if fidelity to God and his mission involves embracing the Cross and death, he is willing to do that. This

fidelity is expressed in his wonderful prayer of surrender, “*Not my will but your will be done.*” In stark contrast, we notice weakness and infidelity in the disciples. They fall asleep when Jesus needs their support in the garden. Peter, the leader, denies Jesus. Judas betrays him. At the time of his arrest, they “*all fled and left him.*” At the time of his trial, the crowds who have previously sung his praises now chant “*Crucify him! Crucify him!*” But not all are unfaithful. A few women remain faithful. One anoints him; others keep watch as he dies on the Cross.

- Mark’s Passion presents us with a very *human* picture of Jesus. In the garden, he begs the Father three times to free him from dying. We can *feel* Jesus’ disappointment when he finds his beloved disciples asleep not just once but three times. What must he have felt when all his disciples “fled and left him”? How painful it must have been for Jesus to hear the crowds call for the release of the criminal Barabbas and call for Jesus’ crucifixion. Then consider the scourging of his body, the crowning with thorns, the crucifixion and, most of all, the sense of his Father abandoning him: “*My God, my God, why have you forsaken me?*” This is a cry of one steeped in human agony. Jesus pays the ultimate price for fidelity to his call.

AN EXTENDED COMMENTARY ON MARK’S PASSION

A Woman and a Betrayer

Mark’s Passion opens with a beautiful story of a woman showing tender love for Jesus. This story is sandwiched or bracketed by two ugly scenes: the chief priests looking for a way to arrest Jesus and Judas plotting with them for a way to hand Jesus over to his enemies. There is a strong contrast between the two scenes. The woman’s extravagant act of love anticipates Jesus’ extravagant act of love on the Cross.

Betrayal within the Eucharist.

Using his characteristic bracketing technique, Mark places a conversation about betrayal in between the Preparation for the Last Supper and the actual Last Supper.

Jesus singing “songs of praise” the night before he was to die a criminal’s death is extraordinary. Perhaps it says to us that as we spend our lives for Jesus, we also should sing God’s praises.

Gethsemane

After the Last Supper, Jesus goes out to Gethsemane with Peter, James and John. Peter has just said how he will stand by Jesus no matter what. Earlier in the Gospel, James and John assert that they can “drink the cup of suffering” with Jesus. Now we see the vast difference between words and actions. They fall asleep when Jesus most needs their support. Later, they will all flee and Peter will deny Jesus. In contrast, Jesus remains faithful to God but not without a struggle. He hopes against hope for a way other than the way of the

Cross. In the end, he surrenders to God's will ("*Not my will but your will*"). In John 4:34, the apostles offer Jesus food, to which he responds: "*My food is to do the will of Him who sent me.*" In the Passion event, it is important for us to remember that God is not demanding that Jesus die a cruel death. Rather, he wants Jesus to be faithful to his mission even if it means a cruel death. It is the truth the sin of humanity that brought about Jesus' suffering and death.

The Arrest of Jesus

In this scene, we witness further the abandonment of Jesus. We just read how Jesus is abandoned through the human weakness of Peter, James and John. Now, we have the betrayal of Jesus by Judas. He treats Jesus as a friend by kissing him and at the same time plants the kiss to point Jesus out to the authorities. Then Mark tells us, "*All left him and fled.*" The young man who runs away naked is symbolic of us who may, in a time of crisis and fear, run away from Jesus, leaving behind our baptismal identity. Jesus is now left alone with his enemies. Not one of his friends shows faithful discipleship. In contrast, Jesus shows himself to be fearless and speaks up with dignity to those who come to arrest him.

Peter's Denial and the Trail of Jesus

The trial of Jesus is a farce. Trials are not allowed at night. False witnesses fail to agree with each other. During his trial, Jesus continues to show himself to be courageous and confident. When he declares himself to be the Christ, the Blessed One, he knows he is signing his

own death sentence and yet he does it. Then follows the threefold denial of Peter. These two stories are another example of *contrast* so strong in Mark's Passion. As two examples of behavior under pressure, Jesus shows us what to do and Peter shows us what *not* to do. Jesus exemplifies courage, Peter cowardice. Jesus, while losing his life through steadfast witness, ultimately saves it; Peter, trying to save himself, in fact, condemns himself. Readers are called to follow Jesus. We notice that during his trial, Jesus affirms that he is the "*Christ, the Son of the Blessed One.*"

Jesus before Pilate

Jesus is then brought before the Jewish and Roman authorities. Both share in the brutal humiliation of Jesus. Pilate believes Jesus to be innocent but he is too much of a crowd-pleaser to let him go free. He shows himself to be a coward just as Jesus shows himself to be fearless and strong, the innocent sufferer who identifies with all who are unjustly and falsely accused. The crowds also fail Jesus, choosing a criminal over him.

The Crucifixion

Jesus is led away to Golgotha to be crucified. A stranger named Simeon is forced to help Jesus carry his Cross. After Jesus is crucified, the bystanders mock and verbally abuse him. Darkness covers the land for three hours. In this time of darkness, Jesus even feels abandoned by God ("*My God, my God, why have you abandoned me?*"). Sin separates us from God. Having taken the weight of the sin of

humanity upon his shoulders, Jesus experiences separation from God.

“The veil of the temple is torn in two from top to bottom.” This is the veil that separates people from the Holy of Holies into which no one is allowed to enter except the High Priest. The veil is torn back and the way to God is now wide open to all and not just to the High Priest. Then a Gentile soldier, a most unlikely one, recognizes the true identity of Jesus: *“Truly this man is the Son of God.”* We notice the presence of the women who continue to follow Jesus after all his make disciples have fled.

The Burial

In the early days of Christianity, some may have claimed that Jesus never really died. So it is important for Mark to include an account of Jesus’ burial so that people will know that Jesus really died. Dying is an essential dimension of being a human person. Joseph of Arimathea, a devout Jew and a member of the Council, shows himself to be an admirer of Jesus by asking Pilate for his body so that he can give it a proper burial.

FAITH-SHARING QUESTIONS

1. Share with the group or person next to you what spoke to you most in the Gospel. With this first question, try to refrain from commenting on what others said. Just share what spoke to you and then move on to the next person.

2. In the second reading, Paul speaks about the ‘self-emptying’ of Christ, something

that is required of all of us if we are to be ‘filled’ with Christ. Concretely, what does this self-emptying process involve? Can you give some examples of it from your life or the lives of others?

3. Which scene in the Passion stirs you the most? Why?

4. Jesus’ apostles and friends fall asleep and abandon Jesus when he needs them most. How does this happen today? Do you even wonder how you would have acted if you had been in the disciples’ place 2,000 years ago?

5. In Mark’s passion story, Jesus feels abandoned by his Father. Have you ever felt that way? When? If you never felt that way, what might cause you to feel that way?

6. Name one thing today’s Gospel says to us that we disciples of Jesus need to heed and act on.

JOURNALING

Having listened to God’s Word and listened to others’ reflections on it, take a quiet moment to reflect on what you are hearing God say to you. Your response will be what you bring to Eucharist on Sunday, asking Jesus to help you respond as he asks of you. When ready, jot down your reflections.

PRAYING WITH THE WORD

Facilitator: Let us now pause to see how something(s) said in the reading might lead us into shared prayer. Suggestion: *Father, deepen our appreciation of the great sacrifice Jesus made on our behalf.*

RESPONDING TO GOD’S WORD

Share with the person next to you one way you can act on this week’s readings. Suggestion: Be a Simeon to someone carrying a cross. Reflect on what “self-emptying” needs to occur in you so that you will be more filled with Christ.

CONCLUDING PRAYERS OF THANKSGIVING, PETITION AND INTERCESSION

Facilitator: What are we grateful for? For what and for whom do we need to pray? Pray especially for all who are suffering in body, mind or spirit, and for their caregivers. Pray that many people will participate in our Holy Week services.

CLOSING PRAYER (Together)

*Merciful God,
You call us to follow your son,
Jesus Christ, and to live as his disciples.
Help us to hear the voice of Jesus today
and like him surrender to your will.
Give us the courage to act upon what
we hear no matter the cost.
Amen.*

EASTER SUNDAY B

Facilitator: *Let us take a minute to consciously acknowledge that we are in the presence of God and ask him to help us to hear the Word he wants us to hear this week.*

Pause for a moment and then play a religious song.

Opening prayer: *O Light of Lights, Risen Jesus, enter our hearts with your Good News. Enlighten our minds to understand that you have overcome death by your own dying and rising. Melt our frozen hearts with this Easter fire, that in our hearts of flesh we might come to believe that you forgive even our sins. Help us to see your presence everywhere as the first light of dawn beams upon our clouded vision. O Radiant Light, be in our midst as we gather to more clearly hear your Word of Life. Amen.*

Response to last week's Word: [Facilitator briefly recalls last week's Gospel.] *Let us spend a few minutes sharing how the Word we heard God speak to us last week has unfolded in our lives during the week.*

Facilitator reads focus statement: All three readings focus on Jesus' Resurrection from the dead and its meaning for our lives. In the first reading from Acts, Peter states that all who come to believe in the Risen Christ will have their sins forgiven. In both of the alternative second readings, Paul stresses the moral dimension of the Resurrection. In the Gospel, Peter and John go on an 'Easter jog' to the tomb. Even though Peter gets there first, John is the first to believe that Christ is risen.

Let us listen to God's Word to hear what it is he wants to say to us in these readings today. As you hear a word, you may want to underline it or write it down to remember.

Read the First Reading, the Psalm, and the Second Reading, pausing briefly after each one.

FIRST READING: Acts 10:34, 37-43

This is an excerpt from the last of several sermons of Peter found in Acts. What makes this sermon unique is that it comes right after the vision Peter has during which God reveals that Jesus has come to offer salvation not only to the Jews, but also to the Gentiles – to all people.

In this sermon, we hear about the scope and spread of the Gospel. The story of Jesus' baptism, his public ministry, death and Resurrection have been reported all

over the land. The power of Jesus' ministry flows from him being anointed by God with the Holy Spirit. Peter lists himself as a witness to all these wondrous events. Peter concludes by stating that *all-through* faith and repentance- now have access to the salvation that Jesus has come to bring.

RESPONSORIAL PSALM 118

This thanksgiving psalm is applied to all the great things God has done in Christ, especially raising him from the dead.

“This is the day the Lord has made, let us rejoice and be glad.”

SECOND READING:

**Colossians 3:1-4 or
1 Corinthians 5:6-8**

The two alternative second readings declare that the Resurrection is the foundation of new life for those who believe. In his letter to the Colossians, Paul reminds his readers that through baptism, they had died and have been raised up, and that they should live accordingly. In his letter to the Corinthians, Paul, using the imagery of yeast, states that because of our new life in Christ, we can make no accommodation to sin.

**PROCLAMATION OF THE GOSPEL:
John 20: 1-9**

As we listen to this first reading of the Gospel, let us listen with our minds for the content.

**A participant reads the Gospel,
then all pause to reflect.**

As we listen to this second reading of the Gospel, let us listen with our hearts to what Jesus is saying to us. Be aware of what draws us in and what part of the Gospel might be a challenge to embrace. You may want to underline or write down the word you hear.

GOSPEL: John 20:1-9

Commenting on today’s Gospel, Terence Keegan writes:

In the prologue of John’s Gospel one reads, “The light shines in the darkness, and the darkness has not overcome it”

(1:5). This image of darkness and light, as also the images death/life and falsehood/truth, recur throughout the Gospel and lie behind the story of today’s reading. Mary Magdalene comes “while it is still dark” and mistakenly thinks that “the Lord has been taken from the tomb” (20:2). Simon Peter saw the piece of cloth rolled up (20:7); hardly something that anyone stealing the body would have done, but apparently did not know what to make of this strange clue. The other disciple, when he entered, not only saw but also believed. This belief is the first instance of Resurrection faith in John’s Gospel. In the language of the fourth Gospel, faith is the way in which an individual passes from darkness into light, from death to life, from falsehood to truth. Faith does not result from deduction but is a gift from God bestowed in virtue of the triumphant death/Resurrection of Jesus.

The author is careful to emphasize the extraordinary nature of this faith in the final verse of today’s reading. Only when this gift is received, only when one has entered into the light, does the full meaning of the words of the Old Testament and the mysterious words and deeds of Jesus become clear. Only then does the significance of the rolled-up cloth become clear. Today’s story is not about the disciples interpreting the empty tomb, but rather about the initial gift of faith by which one enters into the light, the truth and the life of Jesus’ Resurrection.

FAITH-SHARING QUESTIONS

1. Share with the group or person next to you what spoke to you most in the Gospel. With this first question, try to refrain from

commenting on what others said. Just share what spoke to you and then move on to the next person.

2. In the first reading the apostles were called to witness to Christ. So too are we. How can you be better in your witness to God's presence and redemption in your life?

3. The apostles were surely surprised by the events of Easter morning. Can you recall a time when God surprised you?

4. Easter is the victory of life over death, of light over darkness, of goodness over evil. Can you recall a Good Friday event in your life from which good and blessing came?

5. What is the challenge of Easter for you?

6. Name one thing today's Gospel says to us that we disciples of Jesus need to heed and act on.

JOURNALING

Having listened to God's Word and listened to others' reflections on it, take a quiet moment to reflect on what you are hearing God say to you. Your response will be what you bring to Eucharist on Sunday, asking Jesus to help you respond as he asks of you. When ready, jot down your reflections.

PRAYING WITH THE WORD

Facilitator: Let us now pause to see how something(s) said in the reading might lead us into shared prayer. Suggestion: *Jesus, please help me to hear and respond and*

live the message you have given me this day.

RESPONDING TO GOD'S WORD

Share with the person next to you one way you can act on this week's readings. Suggestion: Seek to be more aware that God's plan is to always draw goodness out of the painful experiences of life. Seek to be an Easter presence for someone going through a Good Friday experience.

CONCLUDING PRAYERS OF THANKSGIVING, PETITION AND INTERCESSION

Facilitator: What are we grateful for? For what and for whom do we need to pray? Pray for those going through a Good Friday experience. Pray that you can be a sign of hope for people dealing with pain. Pray that our Risen Lord may touch the hearts of Catholics who only go to Church at Easter, that they may be drawn back to the Lord's Table.

CLOSING PRAYER (Together)

Blessed are you, Father

*for raising your beloved Son, Jesus,
from the dead and bringing us to faith
in his saving death and Resurrection.*

Give us a taste of the joy

*that filled the hearts of the first
disciples and help us to trust in the
life that is promised through faith
in him.*

*We ask this in the name of Jesus the
Lord.*

Amen.