

A Prayer for Married Couples

Lord God, at this time
as we struggle to heal hurts
and become strong in our relationship,
we reach out to you for your
grace and strength.

Help us to always remember
that we were never intended
to solve our problems without
your grace and help.

Help us to remember often,
if not daily, to seek your blessing
and help for our relationship.

Help us to discover and name
the best in each other.
Guard us against all fault finding.
Help us to make time to communicate
with each other in open and honest ways.

When dealing with difficult issues
help us to communicate
in a gentle and loving way.

Help us to grow in the art of
truly listening to each other.

Help us individually to work on
our own spiritual and human growth
so that we can daily become
the best version of ourselves.
This we pray through Christ, our Lord
Amen.